

Carlyn E. Graham

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Academic Appointments

2025 -	Assistant Professor of Sociology, Department of Sociology, Texas A&M University
2023 - 2025	Postdoctoral Scholar, Carolina Population Center, The University of North Carolina at Chapel Hill

Education

2023	Ph.D. in Sociology & Demography, The Pennsylvania State University
2018	M.S. in Sociology, Utah State University
2013	B.A. in Sociology, Colorado College

Peer-Reviewed Publications

2025	<p>Frisco, Michelle L., Carlyn Graham, and Jennifer Van Hook. Forthcoming. "Why Do Black Women Have a Higher Obesity Prevalence than White Women in the United States?" <i>Demography</i></p> <p>Graham, Carlyn. 2025. "Interpersonal Discrimination as a Potential Source of Individual-Level Anomie and its Consequences for Suicide Ideation." <i>Social Problems</i> [online first].</p> <p>Graham, Carlyn, Robert A. Hummer, & Carolyn T. Halpern. 2025. "Gazing into the Crystal Ball: Do Adolescent Survival Expectations Predict Premature Mortality Risk in the United States?" <i>Social Science & Medicine</i> 364:117548.</p> <p>Graham, Carlyn & Gabriele Ciciurkaite. 2025. "Subjective Social Status as a Predictor of Physical and Mental Health among Early Midlife Adults in the United States: Appraising the Role of Gender." <i>Society and Mental Health</i> 15(1):57-74.</p>
2024	<p>Graham, Carlyn. 2024. "Accumulating Burden: Exposure to Interpersonal Discrimination Based on Multiple Attributes and Allostatic Load." <i>Social Science & Medicine – Population Health</i> 26:101639.</p>
2023	<p>Graham, Carlyn E. & Michelle L. Frisco. 2023. "The Mental 'Weight' of Discrimination: The Relationship between Perceived Interpersonal Weight Discrimination and Suicidality in the United States." <i>Journal of Health and Social Behavior</i> 64(4):610-625.</p> <p>Graham, Carlyn & Andrew Fenelon. 2023. "Health, Suicidal Thoughts, and the Life Course: How Worsening Health Emerges as a Determinant of Suicide Ideation in Early Adulthood." <i>Journal of Health and Social Behavior</i> 64(1):62-78.</p> <p>- Featured on the Journal of Health and Social Behavior's March 2023 podcast</p> <p>Graham, Carlyn & Gabriele Ciciurkaite. 2023. "The Risk for Food Insecurity and Suicide Ideation among Young Adults in the United States: The Mediating Roles of Perceived Stress and Social Isolation." <i>Society and Mental Health</i> 13(1):61-78.</p>

- 2022 **Graham, Carlyn** & Michelle Frisco. 2022. "The Relationship Between Obesity and Suicide Ideation among Young Adults in the United States." *Social Science & Medicine – Population Health* 18:101106.
- 2020 **Graham, Carlyn**, Eric N. Reither, Gabriele Ciciurkaite, Dipti A. Dev, & Jamison Fargo. 2020. "Does Context Matter? A Multilevel Analysis of Neighborhood Disadvantage and Children's Sleep Health." *Sleep Health* 6(5):578-586.
- Van Hook, Jennifer, Michelle L. Frisco, & **Carlyn E. Graham**. 2020. "Signs of the End of the Paradox? Cohort Shifts in Smoking and Obesity and the Hispanic Life Expectancy Advantage." *Sociological Science* 7:391-414.

Manuscripts Under Review

- Carlyn Graham**. "Investigating Racism as a 'Fundamental Cause' of Black-White Disparities in Physiological Dysregulation among Early Midlife Adults in the United States." *Revised & resubmitted*
- Carlyn Graham** & Robert A. Hummer. "Subjective Social Status and Mortality Risk Among Young Adults in the United States." *Under review*
- Sylvie Tuder, **Carlyn Graham**, & Robert A. Hummer. "Exclusionary Discipline and Black-White Disparities in Mortality during Adolescence and Young Adulthood." *Under review*

Invited Presentations

- 2024 **Carlyn Graham**. "Methodology Session: Analyzing Add Health Data." Invited panel presentation on analyzing Add Health. Add Health Users Conference. Chapel Hill, North Carolina. June 2024.
- 2022 **Carlyn Graham**. "Neighborhood Disadvantage and Children's Sleep Health." Invited panel presentation on Social and Contextual Predictors of Youth Health. The Department of Health Sciences at Universidad Espiritu Santo. Guayaquil, Ecuador. May 2022.
- Carlyn Graham**. "Health, Suicidal Thoughts, and the Life Course." Invited presentation. The Department of Sociology at Utah State University. Virtual. March 2022.

Conference Presentations

- 2024 **Carlyn Graham**, Robert A. Hummer, & Carolyn T. Halpern. "Investigating Adolescents' Perceived Survival Expectations and Mortality: The Role of Sex." Poster presentation. The Interdisciplinary Association of Population Health Science (IAPHS) Annual Conference. St. Louis, Missouri. September 2024.
- 2024 IAPHS Poster Winner
- Carlyn Graham**, Robert A. Hummer, & Carolyn T. Halpern. "Adolescents' Perceived Survival Expectations as a Predictor of Premature Mortality." Oral presentation. Add Health Users Conference. Chapel Hill, North Carolina. June 2024.
- Carlyn Graham**. "Investigating Racism as a 'Fundamental Cause' of Disparities in Allostatic Load between Black and White Adults in the U.S." Oral presentation. The Population Association of America (PAA) Annual Meeting. Columbus, Ohio. April 2024.
- Michelle Frisco, **Carlyn Graham**, & Jennifer Van Hook. "Why are Black Women More Likely to Live with Obesity than White Women?" Poster presentation. The Population Association of America (PAA) Annual Meeting. Columbus, Ohio. April 2024.

- 2023 **Carlyn Graham.** “Inter- and Intra-Group Differences in Depression among Black and White Early Midlife Adults.” Oral presentation. The Interdisciplinary Association of Population Health Science (IAPHS) Annual Conference. Baltimore, Maryland. October 2023.
- Carlyn Graham.** “The Multifaceted Identity of the Emerging Scholar.” Panel presentation. The Interdisciplinary Association of Population Health Science (IAPHS) Annual Conference. Baltimore, Maryland. October 2023.
- Carlyn Graham.** “Accumulating Burden: Does Experiencing Discrimination Based on Multiple Social Characteristics Increase Allostatic Load?” Poster presentation. The Population Association of America (PAA) Annual Meeting. New Orleans, Louisiana. April 2023.
- Carlyn Graham & Gabriele Ciciurkaite.** “Subjective Social Status as a Predictor of Physical and Mental Health Among Early Midlife Adults in the United States: Appraising the Role of Gender.” Poster presentation. The Population Association of America (PAA) Annual Meeting. New Orleans, Louisiana. April 2023.
- 2022 **Carlyn Graham.** “The Weight of Discrimination: The Relationship Between Weight Discrimination and Suicide Ideation and Suicide Attempts.” Oral presentation. The American Sociological Association (ASA) Annual Meeting. Los Angeles, California. August 2022.
- Carlyn Graham & Michelle Frisco.** “Is Obesity a Predictor of Suicide Ideation? An Exploration of the Relationship Between Weight Status and Suicide Ideation Among Young Adults.” Oral presentation. The Population Association of America (PAA) Annual Meeting. Atlanta, Georgia. April 2022.
- Carlyn Graham & Andrew Fenelon.** “Health, Suicidal Thoughts, and the Life Course: How Worsening Health Emerges as a Determinant of Suicide Ideation During the Young Adult Life Course.” Poster presentation. The Population Association of America (PAA) Annual Meeting. Atlanta, Georgia. April 2022.
- 2019 **Carlyn Graham, Gabriele Ciciurkaite, & Eric Reither.** “Does Neighborhood Context Matter? A Multilevel Analysis of Neighborhood Disadvantage and Children’s Sleep Health.” Oral presentation. The Population Association of America (PAA) Annual Meeting. Austin, Texas. April 2019.
- Jennifer Van Hook, Michelle Frisco, & **Carlyn Graham.** “The Shape of Things to Come: Will Changes in Prevalence of Obesity and Smoking Influence the Quantity and Quality of Life of White, Black, and Hispanics in the United States?” Oral presentation. The Population Association of America (PAA) Annual Meeting. Austin, Texas. April 2019.

Funding & Awards

- 2023 – 2025 NICHD-NRSA T32 Postdoctoral Traineeship in the Biosocial Training Program, The University of North Carolina at Chapel Hill
- 2023 Sociology Graduate Student Paper Award, Best Published Paper, The Pennsylvania State University
- 2018 Joan Huber & William Form Graduate Fellowship in Sociology, The Pennsylvania State University
- Creative Activity & Research Enhancement (CARE) Award, Utah State University
- 2015 – 2017 Graduate HMSS Award, Utah State University

2015 – 2017 Ed Moe Scholarship, Utah State University

Teaching

Instructor of Record

Fall 2025 Medical Sociology (SOC 425), Texas A&M University
Sociology of Mental Health & Illness (SOC 489), Texas A&M University

Fall 2024 Sociology of Mental Health & Illness (SOC 422), The University of North Carolina at Chapel Hill (65 students)

Departmental Service

Graduate

2022 – 2023 Cohort Representative, Graduate Student Advisory Committee, Department of Sociology & Criminology, The Pennsylvania State University

2021 – 2023 Co-Chair, Methods Workshop Committee, Population Research Institute, The Pennsylvania State University

2020 – 2022 Member, Graduate Recruitment Committee, Department of Sociology & Criminology, The Pennsylvania State University

2015 – 2017 Vice President, Sociology Graduate Student Association, Department of Sociology & Anthropology, Utah State University

Professional Service

2025 Session Chair: “Linked Data for Population Health.” Population Association of America (PAA) Annual Meeting. Washington, D.C. April 2025.
Poster Judge: “Mortality and Morbidity; Demography of Low- and Middle-Income Countries.” Population Association of America (PAA) Annual Meeting. Washington, D.C. April 2025.

2025 – Editorial Board Member, *Society and Mental Health*

2023 Abstract Reviewer: Interdisciplinary Association for Population Health Science (IAPHS) 2023 Annual Meeting

2022 – 2023 Member, Student Committee, Interdisciplinary Association for Population Health Science (IAPHS)

2022 Abstract Reviewer: Interdisciplinary Association for Population Health Science (IAPHS) 2022 Annual Meeting
Session Chair: “Adolescence and Early Adulthood: Critical Periods for Life Course Health and Health Risk Behaviors”. Interdisciplinary Association for Population Health Science (IAPHS) Annual Meeting. Minneapolis, Minnesota. September 2022.

Ad Hoc Reviewer

Demography; Journal of Health and Social Behavior; Society and Mental Health; Social Science & Medicine; Social Science & Medicine—Population Health; The Journal of Adolescent Health; Social Science Research; Stigma & Health; Social Currents

Professional Association Membership

Population Association of America (PAA)

American Sociological Association (ASA)

- *Section Member*: Medical Sociology; Sociology of Mental Health; Sociology of Population
Interdisciplinary Association for Population Health Science (IAPHS)