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D.R.# _____

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STUDY #40-1591-451

ADULT
SELF ADMINISTERED QUESTIONNAIRE

CASE #: _____

INTERVIEWER: _____ ID#: _____

(FOR OFFICE USE ONLY)

People are very different in the things they believe and the ways they react to various situations. The following statements refer to how you might think or feel about different things or about how you might act in different situations. For each of the following statements, please indicate if it is usually true or usually false when applied to you.

	True	False
1. If someone insulted me, I would probably try to joke about it.	1	2
2. It's mostly luck if one succeeds or fails.	1	2
3. I do what I think is right even when I'm criticized for it.	1	2
4. Sometimes I think I expect too much of myself.	1	2
5. You can do very little to change your life.	1	2
6. If someone insulted me, I would probably figure it was his own problems that made him do it.	1	2
7. I wish I could have more respect for myself.	1	2
8. If someone insulted me, I would probably hit him.	1	2
9. On the whole, I am satisfied with myself.	1	2
10. I feel I do not have much to be proud of.	1	2
11. If someone insulted me, I would probably avoid talking to him in the future.	1	2
12. When things are going wrong for me, I try to think of my strong points and my past successes.	1	2
13. If someone insulted me, I would probably insult him back.	1	2
14. I seem to get sick a little easier than other people.	1	2
15. If someone insulted me, I would probably try to understand why he did it.	1	2
16. When I do something wrong, I usually admit it and take my punishment.	1	2
17. I sometimes wish I could be punished for the bad things I have done and start all over.	1	2
18. I doubt if I will get ahead in life as far as I would really like.	1	2
19. If someone insulted me, I would probably forgive him.	1	2
20. All in all, I am inclined to feel that I am a failure.	1	2

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	True	False
21. When I do something wrong, it's almost like it's someone else who is doing it, not me.	1	2
22. If someone insulted me, I would probably try to forget about it.	1	2
23. If someone insulted me, I would probably think about the ways I could get even.	1	2
24. I take a positive attitude toward myself.	1	2
25. If someone insulted me, I would probably figure, "who cares what he thinks."	1	2
26. I know what I want out of life.	1	2
27. As long as I can remember, my parents have put me down.	1	2
28. If someone insulted me, I would probably take it out on someone else.	1	2
29. Often I feel that I don't have enough control over the direction my life is taking.	1	2
30. If someone insulted me, I would probably feel very angry but not do anything about it.	1	2
31. Most of my close friends are the kinds of people who get into trouble a lot.	1	2
32. When things aren't going too well for me, I try to think that things will be better in the future.	1	2
33. I don't care much about other people's feelings.	1	2
34. At times, I think I am no good at all.	1	2
35. People often talk behind my back.	1	2
36. I get nervous when things aren't just right.	1	2
37. I certainly feel useless at times.	1	2
38. I usually like to have friends with me when I go somewhere new.	1	2
39. If I can't get what I want, I try for something just as good that's easier to get.	1	2
40. If someone insulted me, I would probably feel it was my fault.	1	2
41. I spend a lot of time daydreaming.	1	2
42. Most people get sick a little easier than I do.	1	2
43. I like the challenge of new responsibilities.	1	2
44. I feel disgusted with myself.	1	2
45. I felt proud or good about some things I did during the past month.	1	2

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	True	False
46. I have strong beliefs which I will always stand by.	1	2
47. I think things out before acting.	1	2
48. I almost never ask for advice or help.	1	2
49. I try not to take life very seriously.	1	2
50. I would like working for someone who always tells me exactly what to do and how to do it.	1	2
51. During the past month, I felt I could easily handle or cope with any serious problem or major change in my life.	1	2
52. When I am given new responsibilities, I worry that I might not be able to do what is expected of me.	1	2
53. There are odd moments now and then when I suspect I might go to pieces.	1	2
54. If someone criticizes me, it makes me feel very low and worthless.	1	2
55. When I become upset, I act childishly.	1	2
56. It takes me a long time to get used to anything new.	1	2
57. I can hardly remember anything that happened in my childhood.	1	2
58. I put things I don't like out of my mind.	1	2
59. It takes me a long time to get over a failure that I have experienced.	1	2
60. I always see the bright side of things.	1	2
61. There has always been some person I wished I was like.	1	2
62. I get angry when people do not pay attention to me.	1	2
63. I sleep more than most people I know.	1	2
64. If someone bothers me, I don't tell them, but tend to complain to someone else.	1	2
65. When I'm in a group, I usually don't say much for fear of saying the wrong thing.	1	2
66. To get along and be liked, I try to be what people expect me to be.	1	2
67. I often try to be friendly with people because I think they won't like me.	1	2
68. I often show off to impress people.	1	2
69. I usually have good judgment about things.	1	2
70. I often get confused working under pressure.	1	2
71. I get angry when I am criticized.	1	2
72. When I have to hurt somebody's feelings, it doesn't really bother me.	1	2

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	True	False
73. I always like to keep my things neat and tidy and in good order.	1	2
74. Once I have my mind made up, I seldom change it.	1	2
75. I feel that I have little influence over the way people behave.	1	2
The following additional questions about your feelings and responses to different situations can be answered yes or no.		
	Yes	No
76. Do you wish you could be as happy as others seem to be?	1	2
77. Do you feel that nothing, or almost nothing, can change the opinion you currently hold of yourself?	1	2
78. Do you sometimes wish you were a little kid again?	1	2
79. Within the last year, did you get angry and break things?	1	2
80. Do you make fun of people who do stupid things?	1	2
81. Do you ever find that one day you have one opinion of yourself and on another day you'll have a different opinion?	1	2
82. Would you say that most of the time you feel in good spirits?	1	2
83. Are you often bothered by shortness of breath when not exercising or not working hard?	1	2
84. Are you often bothered by bad dreams?	1	2
85. Do you often get angry, annoyed or upset?	1	2
86. Recently, have you had any reason to wonder if you were losing control over the way you act, talk, think, or feel or of your memory?	1	2
87. Do you often avoid doing things you are not good at?	1	2
88. Do you often have trouble getting to sleep or staying asleep?	1	2
89. Do you often feel downcast and dejected?	1	2
90. Do you often lose track of what you were thinking?	1	2
91. Do you often have difficulty keeping your mind on things?	1	2
92. Are you often troubled by your hands sweating so that they feel damp and clammy?	1	2

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	Yes	No
93. Do you get a lot of fun out of life?	1	2
94. Do you tell lies often?	1	2
95. Do you have a lot of accidents?	1	2
96. Do you often bite your fingernails?	1	2
97. Do you try to avoid situations in which you have to compete with others?	1	2
98. Does your opinion of yourself tend to change a good deal?	1	2
99. On the whole, would you say you are a fairly happy person?	1	2
100. Do you like to spend a lot of time by yourself?	1	2
101. Does your memory seem to be all right (good)?	1	2
102. Are you often bothered by pressures or pains in the head?	1	2
103. Do you avoid telling the truth if the truth will have unpleasant effects?	1	2
104. Do you often have trouble sitting still for a long time?	1	2
105. Do you become deeply disturbed when someone laughs at you or blames you for something you have done wrong?	1	2
106. During the past year, have you felt that you were going to have or were close to having a nervous breakdown?	1	2
107. Do you often have trouble concentrating?	1	2
108. Do you often make quick judgments about other people?	1	2
109. Are you often bothered by nervousness?	1	2
Here are some statements about personal problems. Please indicate if you think the following questions are true or false.		
	True	False
110. I usually try to talk out my problems with other people.	1	2
111. It is difficult for me to talk about myself to other people.	1	2
112. For me, laughing is a good way to keep from feeling bad.	1	2
113. I'm better off when I look only on the positive side of my life.	1	2
114. I have little control over the things that happen to me.	1	2

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	True	False
115. I can do just about anything I really set my mind to do.	1	2
116. I often feel helpless in dealing with the problems of life.	1	2
117. What happens to me in the future mostly depends on me.	1	2
118. There is little I can do to change many of the important things in my life.	1	2
119. I don't like myself as much as I used to.	1	2
120. I used to be a better person than I am now.	1	2

PLEASE CHECK TO BE SURE THAT YOU HAVE ANSWERED ALL OF THE QUESTIONS. THEN TELL THE INTERVIEWER THAT YOU ARE FINISHED.